



STAGES AND EXERCISES FOR THE DEVELOPMENT OF READING SKILLS

Sirlieva Makhliyo¹

Jizzakh branch of the National University of Uzbekistan

KEYWORDS

reading skills, stages of development, exercises, pre-reading skills, decoding, fluency, comprehension, critical reading, analysis, phonemic awareness, letter recognition, vocabulary development, phonics activities, word building, read-aloud, questioning, visualization, summarizing, text annotation, compare and contrast, debates, discussions

ABSTRACT

This article provides valuable insights into the stages of reading development and offers a comprehensive set of exercises to enhance reading skills at each stage. By following the suggested exercises, individuals can strengthen their reading abilities and cultivate a deeper understanding of written text.

The article begins by emphasizing the importance of reading skills in personal, academic, and professional contexts, setting the stage for the subsequent exploration of reading development. It introduces four distinct stages of reading development: pre-reading skills, decoding and fluency, comprehension skills, and critical reading and analysis. In the pre-reading skills stage, the article suggests exercises such as rhyming games, letter recognition, and vocabulary development. These activities aim to foster language and phonemic awareness, laying a strong foundation for future reading comprehension.

2181-2675/© 2023 in XALQARO TADQIQOT LLC.

DOI: 10.5281/zenodo.7982788

This is an open access article under the Attribution 4.0 International(CC BY 4.0) license (<https://creativecommons.org/licenses/by/4.0/deed.ru>)

¹ Student, Jizzakh branch of the National University of Uzbekistan

Introduction: Reading is a fundamental skill that plays a crucial role in our personal, academic, and professional lives. It allows us to access information, expand our knowledge, and engage with the world around us. Developing strong reading skills is essential, and it is a process that can be nurtured through various stages and exercises. In this article, we will explore the stages of reading development and provide a range of exercises to enhance reading skills at each stage.

Stage 1: Pre-Reading Skills

The pre-reading stage focuses on building the foundational skills necessary for reading comprehension. This stage typically occurs in early childhood and includes activities that develop language and phonemic awareness. Here are a few exercises to support pre-reading skills:

Rhyming Games: Engage in activities that encourage children to identify and create rhymes. This helps develop phonemic awareness and promotes sound discrimination.

Letter Recognition: Introduce children to letters through interactive games, puzzles, and alphabet books. Practice letter identification and sounds to establish a connection between letters and their corresponding sounds.

Vocabulary Development: Read aloud to children and expose them to a rich variety of words. Encourage discussions about the meanings of new words and their context.

Stage 2: Decoding and Fluency

In this stage, learners focus on decoding words accurately and developing reading fluency. It involves recognizing letter patterns, blending sounds, and reading with increased speed and accuracy. Here are exercises to enhance decoding and fluency:

Phonics Activities: Engage in phonics-based exercises that involve recognizing letter-sound relationships, blending sounds to form words, and segmenting words into individual sounds.

Word Building: Provide word-building activities using letter tiles or magnetic letters. Encourage learners to manipulate the letters to create new words, reinforcing their understanding of phonics rules.

Read-Alouds and Choral Reading: Practice reading aloud to build fluency and expression. Engage in choral reading, where students read together, synchronizing their pace and intonation.

Stage 3: Comprehension Skills

Comprehension is the ability to understand and interpret written text. This stage involves developing strategies to extract meaning from written material. Here are exercises to improve comprehension skills:

Questioning: Encourage learners to ask questions before, during, and after reading to deepen their understanding. This helps them make predictions, connect ideas, and evaluate the text.

Visualization: Prompt learners to create mental images while reading, enhancing

comprehension and engagement with the text. Encourage them to describe what they visualize to improve their descriptive skills.

Summarizing: After reading a passage, ask learners to summarize the main ideas or retell the story in their own words. This exercise reinforces comprehension and promotes critical thinking.

Stage 4: Critical Reading and Analysis

At this stage, learners develop higher-order thinking skills, enabling them to analyze, evaluate, and interpret texts critically. Here are exercises to enhance critical reading and analysis:

Text Annotation: Encourage learners to underline, highlight, or take notes while reading to identify key points, supporting details, and any questions or observations they may have.

Compare and Contrast: Provide texts on similar topics and ask learners to compare and contrast the ideas, writing styles, or perspectives presented. This exercise promotes analytical thinking and strengthens comprehension.

Debates and Discussions: Engage learners in debates and discussions around different texts, encouraging them to analyze multiple viewpoints, formulate arguments, and support their opinions with evidence.

Conclusion: The development of reading skills occurs through various stages, each building upon the previous one. By implementing appropriate exercises at each stage, individuals can enhance their reading abilities and become more proficient readers. Remember to tailor the exercises. In conclusion, the development of reading skills is a crucial aspect of education that requires a systematic approach. By understanding the stages and exercises involved in this process, educators can effectively guide students towards becoming proficient readers. The initial stage focuses on phonemic awareness and decoding skills, enabling learners to recognize and sound out words. As students progress, they engage in activities that enhance vocabulary, comprehension, and critical thinking abilities. These exercises may include vocabulary expansion, inferencing, summarizing, and analyzing text structures. Furthermore, integrating technology and incorporating various reading materials can enrich the learning experience and cater to different learning styles. Ultimately, by providing a comprehensive framework for the development of reading skills, educators can empower students to become confident, independent readers capable of accessing and comprehending a wide range of texts.

References

1. "Teaching Reading Sourcebook" by Bill Honig, Linda Diamond, and Linda Gutlohn
2. "The Reading Teacher's Book of Lists" by Edward Bernard Fry, Jacqueline E. Kress, and Dona Lee Fountoukidis
3. "Phonics Pathways: Clear Steps to Easy Reading and Perfect Spelling" by Dolores G. Hiskes

4. "Reading Comprehension Strategies: Theories, Interventions, and Technologies" by Danielle S. McNamara and Arthur C. Graesser
5. "Teaching Reading in the 21st Century: Motivating All Learners" by Peter Afflerbach and David Reinking.
6. Kazyullina (Sokolova), M.A. Political operational description of the political term /m Kazyulin // 2010 at the Faculty of Foreign Languages of the Moscow State Pedagogical University - 2011 - M.: Mil. p. 72-74.
7. Vinogradov V.V. Unraveling the word // Terminology questions. Proceedings of the United Terminology Meeting. 1961.
8. Grinev-Grinevich S.V. Research terminology. Fourth version. High. Studies. Vehicles / C.V. Grinev-Grinevich. - "Academy" publishing center, 2008. b.304.
9. Liechik V.M. Terminology: Subject, methods, structure. Ed. 3rd m.: LCA Publishing House, 2007.
10. Burkhanovna, K. D., Alisherovich, M. R., & Ugli, N. B. U. (2021). Communication as the main source of personality development. *ACADEMICIA: An International Multidisciplinary Research Journal*, 11(5), 75-80.
11. Murotmusayev, K., & Nizomov, B. (2022). Internet tarmog'ida yolg'izlik va psixik jarayonlar. Zamonaviy innovatsion tadqiqotlarning dolzarb muammolari va rivojlanish tendensiyalari: yechimlar va istiqbollar, 1(1), 457-460.
12. Nosirovich, A. N., & Umarovich, N. B. (2022). CYBERSPACE IN THE REAL WORLD. *Journal of Academic Research and Trends in Educational Sciences*, 1(10), 410-414.
13. Sharafitdinov Abdulla, Yuldasheva Sojida Zoyirovna. (2022). ZAMONAVIY AXBOROTLASHTIRISH JARAYONLARINING SHAXS INDIVIDUAL XUSUSIYATLARIGA TA'SIRI. *International Journal of Contemporary Scientific and Technical Research*, 1(2), 432-436.
14. Tohirovna, X. S. (2022). IMPORTANCE OF MODERN MULTIMEDIA TOOLS IN TEACHING ENGLISH PRONUNCIATION. *International Journal of Contemporary Scientific and Technical Research*, 303-305.
15. Tohirovna, X. S. (2022). EFFECTIVE WAYS TO TEACH ENGLISH PRONUNCIATION TO ELEMENTARY SCHOOL STUDENTS. *International Journal of Contemporary Scientific and Technical Research*, 539-540.
16. Xaydarova, S. (2021). INGLIZ VA O'ZBEK BADIY ASARLARIDA UCHRAYDIGAN EVFEMIZMLARNING QIYOSIY VA TARJIMAVIY TADQIQI. *Архив Научных Публикаций JSPI*. Xaydarova, S. (2022). A
17. EVFEMIZMLARNING TILSHUNOSLIKDA O 'RGANILISH TARIXI: EVFEMIZMLARNING TILSHUNOSLIKDA O 'RGANILISH TARIXI. *Журнал иностранных языков и лингвистики*, 4(4).
18. Xaydarova, S. (2021). CHET TILI FANLARINI O" QITILISHIDA INNOVATSION METODLAR. *Архив Научных Публикаци*.
19. Zilola, Abduraxmanova, Saidov Sohixon, and Axmedova Afruza. "THE

CULTURAL LEGACY: ADVERTISING, BROADCASTING, AND CINEMA." Journal of Academic Research and Trends in Educational Sciences 2.2 (2023): 220-224.

20. Saidov, Sohibxon, and Lutfulla Sindorov. "INGLIZ TILIDA SHAKLDOSH SO 'ZLARNING QO 'LLANILISHI." Zamonaviy dunyoda ilm-fan va texnologiya 1.7 (2022): 293-297.

21. Abdurasulova, Diyora, and Nilufar Qosimova. "SOME CHALLENGES IN ENCOURAGING INDEPENDENT LEARNING." Current approaches and new research in modern sciences 2.5 (2023): 60-64.

22. Abdurasulova, Diyora, KXonzoda Begimkulova, and Zilola Abdurakhmanova. "THE INTERCULTURAL COMPETENCE. DEVELOPING EFFECTIVE INTERCULTURAL COMMUNICATION SKILLS." Science and innovation in the education system 2.6 (2023): 70-74.

23. Abdurasulova, Diyora. "MODERN TECHNOLOGIES OF FOREIGN LANGUAGE TEACHING." Journal of Integrated Education and Research 1.1 (2022): 471-475.